



# County of Los Angeles CHIEF EXECUTIVE OFFICE

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WILLIAM T FUJIOKA  
Chief Executive Officer

Board of Supervisors  
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First District

MARK RIDLEY-THOMAS  
Second District

ZEV YAROSLAVSKY  
Third District

DON KNABE  
Fourth District

MICHAEL D. ANTONOVICH  
Fifth District

October 16, 2012

To: All Department Heads

From: William T Fujioka  
Chief Executive Officer

A handwritten signature in black ink, appearing to be "W. T. Fujioka", is written over the typed name and title.

## STEP OUT WALK TO FIGHT DIABETES DAY

At the October 2, 2012 Board of Supervisors Meeting, on motion of Supervisor Molina, the Board proclaimed October 27, 2012, as "Step Out Walk to Fight Diabetes Day" throughout Los Angeles County, and requested that each County Department's Wellness Coordinator publicize the event and post promotional flyers to encourage employee participation. This event is sponsored by the American Diabetes Association.

There are 26 million Americans living today with diabetes and 79 million more have pre-diabetes. Diabetes can lead to blindness, loss of limbs, severe kidney failure and eventually death. Please e-blast and post the attached flyer throughout your department and encourage employees to form teams and participate in the Step Out Walk Los Angeles which is taking place in Griffith Park on Saturday, October 27, 2012.

For more information about forming teams, to register as an individual, or to make a donation, please visit [www.stepoutla.com](http://www.stepoutla.com). Thank you in advance for your support of this important event. Please let me know if you have any questions, or your staff may contact Eddie Washington at [ewashington@ceo.lacounty.gov](mailto:ewashington@ceo.lacounty.gov) or (213) 974-1347.

WTF:EFS:MKZ  
RW:EW:mr

Attachment

c: Departmental Wellness Coordinators

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**TAKE THE FIRST STEP. REGISTER TODAY!**

# **STEP | WALK** **OUT TO STOP DIABETES**

**American Diabetes Association.**

**Why Walk?** For yourself. For your loved ones.  
For the 26 MILLION AMERICANS with diabetes.

**Join us as we walk to STOP DIABETES in  
Griffith Park on October 27, 2012.**

**To register and for more information please visit  
[www.stepoutla.com](http://www.stepoutla.com)**



 **STOP  
DIABETES.**